



Your Doctors

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OPENING TIMES

8am—6.00pm

Dispensary 9am-5pm

Closed Saturday & Sunday

Enhanced Access

Monday & Tuesday evening, by pre-booked appointment only.

Call 111 for medical advice & direction: 999 for life-threatening emergencies.

When to call 999?

You should always call 999 in a life-threatening emergency: heavy bleeding, chest pain, collapse or losing consciousness, extensive/major burns, sudden facial or limb weakness, seizures, spinal injury, floppy unwell infant, severe allergic reaction, poisoning or overdose, headache with loss of consciousness **all need 999.**

If you are unsure what to do, dial 111 to be directed.



IMPROVEMENTS UPDATE

Surgery improvement plans are still in progress, albeit not happening as quickly as we first envisaged. The first stage, to improve our office capacity, has gone ahead. The creation of an extra consultation room has commenced. All being well, the work will be completed by the start of the new year. Thank you for being patient!



We are delighted to welcome **TISH SHERE** to our staff. Tish is a local person, whom many of you will know from her time at the pre-school. Tish will be working as an admin assistant and on reception. Welcome to Bradworthy Surgery, Tish!

CHARLOTTE STEVENS, one of our nursing team, is now studying to complete her full nursing registration. This means she will be doing less clinics at Bradworthy, until her registration training is complete. Our PCN General Practice Assistant, **ANNA MITCHELL** will be joining us for 2 mornings every week to cover Charlotte's clinics. Anna is a super-qualified HCA as well as a GPA, so we're delighted to have her with us.

New to our Primary Care Network staff, available to our patients, is **ROWENA HOSEASON** who is our Diabetes Care Coordinator. Rowena will be working with our diabetes team, setting up clinics to help patients manage their condition, improve blood glucose levels, choose healthier food and build the new habits that create a healthier, happier lifestyle. If you'd like to speak to Rowena, please call the surgery.



PLEASE REMEMBER... to cancel any appointments as soon as you know you are unable to attend. We are noticing an increase in missed appointments, which is unusual for Bradworthy Surgery and wastes very valuable appointment time. If you have on-line access you can also cancel appointments using NHS App or SystmOne Online.



**PROSTATE
CANCER UK**



**Check Your Risk
In 30 Seconds**

DISPENSARY NEWS

All you need to know about prostate problems in one place. Check your risk in 30 seconds.
<https://prostatecanceruk.org/>

Did you know?

- *** 1 in 8 men will get prostate cancer.
- *** If you're over 50, or you're black, or your dad or brother had it, you're at higher risk.
- *** Prostate cancer is not always life-threatening, so the earlier you catch it the more likely it is to be cured.

It's surely worth 30 seconds and 3 quick questions to check your risk!
<https://prostatecanceruk.org/risk-checker>

Help with NHS health costs

You could be eligible for help with the cost of NHS prescriptions, NHS dental treatment, eyecare, travel to receive NHS treatment and NHS wigs and fabric supports.

Find out if you're eligible using the free eligibility checker at www.nhsbsa.nhs.uk/check

You'll answer a few questions, and it will show the help available if you're not automatically eligible, including the:

▶ NHS Low Income Scheme

Provides help with health costs for families on a low income. Apply online or find more information at www.nhsbsa.nhs.uk/lowincomescheme

▶ NHS maternity exemption certificate

Entitles you to free NHS prescriptions if you're pregnant or have had a baby in the last 12 months. The certificate can also be used to prove entitlement to free NHS dental treatment.

Ask your doctor, midwife or health visitor to apply. Find more information at www.nhsbsa.nhs.uk/matex

▶ NHS medical exemption certificate

Entitles you to free NHS prescriptions if you have a certain medical condition or physical disability. Check the medical conditions list at www.nhsbsa.nhs.uk/medex

Ask your doctor to apply.

▶ NHS Prescription Prepayment Certificates (PPCs)

Provides help with NHS prescription costs. If you pay prescription charges a PPC could save you money.

3 and 12 month PPCs

Covers all your NHS prescriptions for a set price. Find out more and buy online at www.nhsbsa.nhs.uk/ppc

HRT PPC

Covers certain hormone replacement therapy (HRT) medicines for 12 months. Find out more and buy online at www.nhsbsa.nhs.uk/hrt-ppc

As we are only getting one daily delivery from our medication suppliers now, instead of two, please now allow us three full working days for prescriptions to be processed and made up, taking weekends and bank holidays into account.

To help everyone and improve the service, if you collect your medications from our dispensary, we will send you a text message once your medications are ready for collection. Most patients are already finding this helpful, which is great to hear.

We can, however, only send you a text if you have a mobile number attached to

your record and have agreed to text messages. Please ensure your mobile number is up-to-date. And let us know if it changes.




**GET VACCINATED.
GET WINTER STRONG.**

Flu and COVID-19 vaccines reduce the risk of serious illness in colder months



VACCINATIONS UPDATE Thank you to everyone for the excellent response to our autumn/winter call-up for vaccinations. Every one given helps you and those around you—including all of us at Bradworthy Surgery! With our main vaccination clinics almost complete, we will be contacting patients who have yet to receive their vaccinations, and may be adding further short clinics. Please keep your eye on our website **VACCINATION** page for clinic options or call us.

KEEP UP TO DATE!

**BRADWORTHY SURGERY
is on FACEBOOK**

